

Wa·tch ThoSe EyeS

Our eyeS are of great val·ue to us. A wall of bone a·round each eye pro·tectS the eye. The eye·lidS work like lit·tle shadeS. AS we blink, they keep out light. When we sleep, they stay closed o·ver the eyeS.

The eye·lash·eS are like lit·tle brush·eS. They keep dust and other small pie·ceS of dirt from get·ting in·to the eyeS.

TearS keep the eyeS warm and clean. They can help wash th·ingS out of the eye. The eyeS al·wayS stay a lit·tle wet. Some·timeS cold air or wind will bring more tearS.

The pu·pil iS the dark spot you see in the mid·dle of the eye. That small hole letS the light in. When you need a lot of light to see, the pu·pil getS ver·y large. Then lotS of light comeS in·to your eye. On bright, sun·ny dayS, you don't need a lot of light to see. Then the pu·pil getS ver·y small.

Your eye makeS these chan·geS with·out your even think·ing a·bout them.